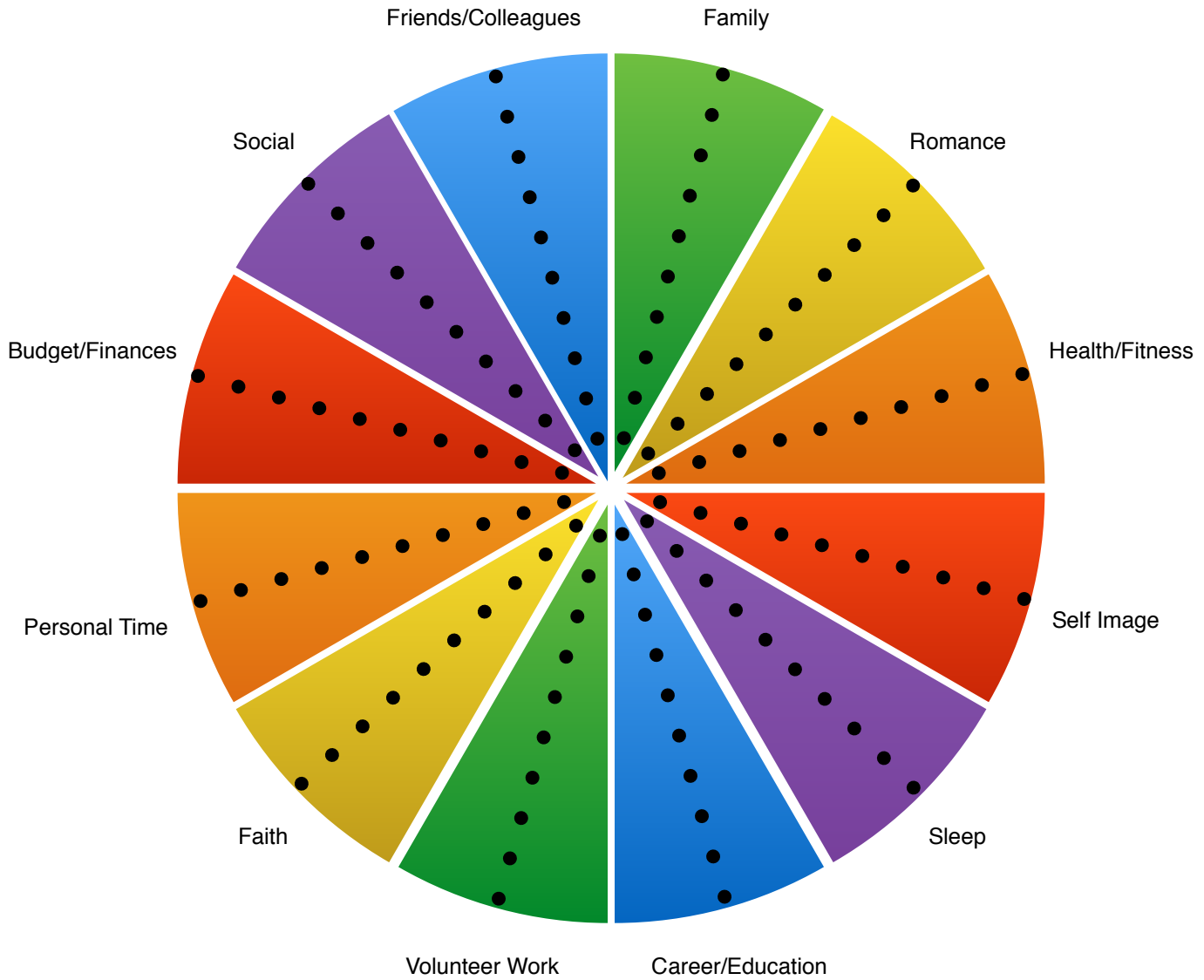




# Wheel of Life



- Friends/Colleagues
- Family
- Romance
- Health/Fitness
- Self Image
- Sleep
- Career/Education
- Volunteer Work
- Faith
- Personal Time
- Budget/Finances
- Social

**What will I start doing to regain balance in my life?**

**What will I stop, do less of, reprioritize or delegate?**